



## HENS & CHICKENS QUILT FELLOWSHIP

an Auxiliary of Golden West College  
15744 Golden West Street  
Huntington Beach, CA 92647  
(714) 892-7711

---

**January 12, 2013**  
**Community Center 102**  
*9:00 am til 12:00 pm*

### ***UFO*** (unfinished objects) ***BUSTING TIME***

At the January meeting we will be working on UFO's. Also, be sure to bring any finished UFO's to show the group and to inspire others to press on and finish up those projects.

We have had the first three steps to UFO Busting. The first was to list and categorize all your UFO's. The second was to choose a few to start on, the third was all about time management and now its time for the fourth. Steps 1-3 are printed at the bottom of this newsletter.

### **Step 4: Lets Make a Deal**

What motivates you to quilt? What would you like to have as a reward for working on a project that might be a bit "tough"?

#### **Your assignment**

- Make a list (yes we LOVE lists) of **THREE** rewards
- Post your what your rewards are via email or in person at the meeting.
- Go work on a UFO, then **REWARD YOURSELF!** \*\*

#### **Let's GO SEW!**

\*\* Warning: if your reward is more fabric, you may be adding another project to your UFO list soon.

**Upcoming Events:**

**Jan 24-27, 2013** - [Road to California Quilt Show](#), Ontario Convention Center,  
Ontario, CA

**March 15, 16, 17, 2012** - [34th Annual Glendale Quilt Guild Show & Retreat 2013](#)  
at the Burbank Airport Marriott Hotel & Convention Center, 2500 Hollywood Way, Burbank CA

July 7-11, 2013 - Camp Watch-A-Patcher. For info go to [campwatchapatcher.com](http://campwatchapatcher.com)

Visit our website at <http://hensandchickens.weebly.com/>

*Questions about the newsletter or website, please call jan at 714 895-8947*

## UFO's

### **Step 1: Know what you have.**

Count your projects in progress – the unfinished objects, the PIGS (projects in grocery sacks), yes all the UFO's.

Yes, you need to haul out all of them and make a list.

Put them into the following categories:

**Group A – almost done.** List these in the order of importance.

**Group B – Almost done...but you really don't want to finish them.** Point here is.... you do NOT NEED to finish everything you started.

**If you no longer love it...**

- give it away
- sell it
- but do not keep it

**Group C - Partially done AND I LOVE the project and WANT to finish it.** List these in order of importance.

**Group D – Partially done but....**

From your list above take out the projects that you really have outgrown and that are giving you Guilt—but seriously, these are the ones you just need to finish and enjoy!

**Group E – Barely started**

And the last group for you to sort is this one, the ones you have **BARELY** started. Collections of fabric and pattern do not count (**YIPPEE!**)

Take a **GOOD... HARD... RUTHLESS** look at this group and be sure what you leave in this pile are projects you want to continue

## UFO's

### **Step 2: Pick some**

You do not, repeat NOT, have to do all the "A" category first.  
So which ones to pick?

Pick 3 to 10 to work on. No more, no less

Pick one that is **FAST TO FINISH.**

Pick one that has a **CURRENT DEADLINE.**

Pick one you **SO LOVE** working on. One you are motivated by.

Pick one that is a **LONG TERM project** (one that you work on as you can).

Pick one or two that will be **GIFTS!!**

Pick one that you **LOVE AND can finish easily**

# UFO's

## **Step 3: Its all about TIME**

This is UFO Busting so it's **MANDATORY to MAKE** time.  
If you don't work on a project, it is **NOT** going to get done.  
While sitting in a bag or a box, the project will **NOT** finish itself.  
I can promise you that!

Your assignment is to set aside time **EACH DAY**  
Seriously.. we are not being wimpy here!  
**EACH DAY** you can do just 10 to 15 min of sewing and you will be  
**AMAZED**  
at how much you'll get done!

### **Your assignment**

- Get a project out and available for working on EVERY DAY
- Pick a time you can work on your project.. 10 min in the morning before work
- how about around lunch time for a handwork project?
- 15 min after dinner
- how about as soon as you walk in the door each night?

### **There are 10 to 15 min in your day...**

- put down the book
- don't fiddle with the TV
- Talk on a headset while on the phone... hands free allows you to sew at the same time!
- reduce your ...GASP internet time by 15 min...
- 10 to 15 min is doable!!

Report back to the group via email letting us know how and when you will set aside time to sew.